



Fourth Sunday in Lent
10:30 a.m., March 30, 2025

Lent



The Rt. Rev. Deon Johnson, *Bishop*

The Rev. Dr. Paul Jacobson, *Rector*

Established 1855 in the Episcopal Diocese of Missouri

Welcome! We are blessed by your presence with us this morning and hope that you will find strength, comfort and fulfillment through our worship. Children are welcome to stay through the service. We welcome all seekers of God to Holy Communion and look forward to meeting you following the service.

Trinity Episcopal Church
600 North Euclid, St. Louis MO 63108
trinitycwe.org 314-361-4655

THE HOLY EUCHARIST

THE WORD OF GOD

Prelude *Largo from Concerto in D minor* Antonio Vivaldi, arr. J. S. Bach

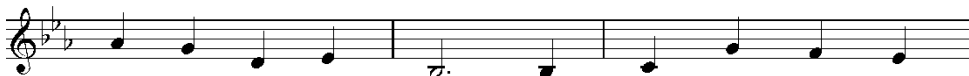
Introit *When from bondage we are summoned* Thomas Pavlechko

When from bondage we are summoned out of darkness into light,
 we must go in hope and patience, walk by faith and not by sight.
 Let us throw off all that hinders; let us run the race to win!
 Let us hasten to our homeland and, rejoicing, enter in.
 --Delores Dufner

The Hymnal 1982, #653 Dear Lord and Father of mankind *Repton*



1 Dear Lord and Fa - ther of man - kind, for -
 2 In sim - ple trust like theirs who heard, be -
 3 O Sab - bath rest by Gal - i - lee! O
 4 Drop thy still dews of qui - et - ness, till
 5 Breathe through the heats of our de - sire thy



1 give our fool - ish ways! Re - clothe us in our
 2 side the Syr - ian sea, the gra - cious call - ing
 3 calm of hills a - bove, where Je - sus knelt to
 4 all our striv - ings cease; take from our souls the
 5 cool - ness and thy balm; let sense be dumb, let

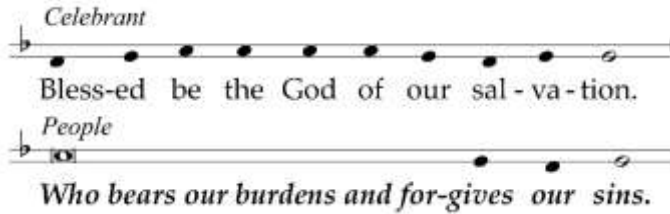


1 right - ful mind, in pur - er lives thy ser - vice find, in
 2 of the Lord, let us, like them, with - out a word, rise
 3 share with thee the si - lence of e - ter - ni - ty in -
 4 strain and stress, and let our or - dered lives con - fess the
 5 flesh re - tire; speak through the earth - quake, wind, and fire, O



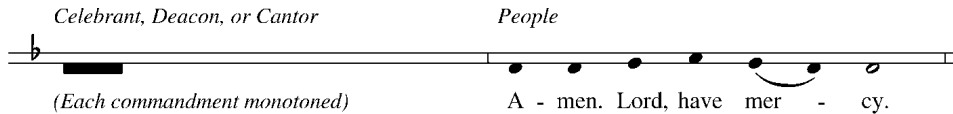
1 deep - er rev - erence, praise, in deep - er rev - erence, praise.
2 up and fol - low thee, rise up and fol - low thee.
3 ter - pret - ed by love! in - ter - pret - ed by love!
4 beau - ty of thy peace, the beau - ty of thy peace.
5 still, small voice of calm, O still, small voice of calm.

Words: John Greenleaf Whittier (1807-1892), alt. Music: *Repton*, Charles Hubert Hastings Parry, (1848-1918), alt.



The people kneel or sit.

The Decalogue



Setting: Howard E. Galley (1929-1993).
© 1985, Howard E. Galley, Jr.

Hear the commandments of God to his people:
I am the Lord your God who brought you out of bondage.
You shall have no other gods but me.
Amen. Lord have mercy.

You shall not make for yourself any idol.
Amen. Lord have mercy.

You shall not invoke with malice the Name of the Lord your God.
Amen. Lord have mercy.

Remember the Sabbath day and keep it holy.
Amen. Lord have mercy.

Honor your father and your mother.
Amen. Lord have mercy.

You shall not commit murder.
Amen. Lord have mercy.

You shall not commit adultery.
Amen. Lord have mercy.

You shall not steal.
Amen. Lord have mercy.

You shall not be a false witness.
Amen. Lord have mercy.

You shall not covet anything that belongs to your neighbor.
Amen. Lord have mercy.

The Deacon or Celebrant then says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

***Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.***

The Bishop when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Kyrie (Hymnal S-91)

Lord, have mer - cy up - on us. Lord, have mer - cy up -
on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -
on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -
on us. Lord, have mer - cy up - on us.
Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

Music: From *Missa de Sancta Maria Magdalena*, Healey Willan (1880-1968). By permission of Oxford University Press.

Salutation

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Collect of the Day

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

First Reading

Joshua 5:9-12

The LORD said to Joshua, "Today I have rolled away from you the disgrace of Egypt." And so that place is called Gilgal to this day.

While the Israelites were camped in Gilgal they kept the passover in the evening on the fourteenth day of the month in the plains of Jericho. On the day after the passover, on that very day, they ate the produce of the land, unleavened cakes and parched grain. The manna ceased on the day they ate the produce of the land, and the Israelites no longer had manna; they ate the crops of the land of Canaan that year.

Reader Hear what the Spirit is saying to God's people.

People ***Thanks be to God.***

Psalm 32 (Hymnal S414)

Robert Knox Kennedy
(b. 1945)



© 1979, Robert Knox Kennedy.

- 1 Happy are they whose transgressions are forgiven,*
and whose sin is put away!
- 2 Happy are they to whom the Lord imputes no guilt,*
and in whose spirit there is no guile!

- 3 While I held my tongue, my bones withered away, *
because of my groaning all day long.
- 4 For your hand was heavy upon me day and night; *
my moisture was dried up as in the heat of summer.
- 5 Then I acknowledged my sin to you,
and did not conceal my guilt. *
I said, "I will confess my transgressions to the Lord."
Then you forgave me the guilt of my sin.
- 6 Therefore all the faithful
will make their prayers to you in time of trouble; *
when the great waters overflow,
they shall not reach them.
- 7 You are my hiding-place;
you preserve me from trouble; *
you surround me with shouts of deliverance.
- 8 "I will instruct you and teach you in the way that you should go; *
I will guide you with my eye.
- 9 Do not be like horse or mule, which have no understanding; *
who must be fitted with bit and bridle,
or else they will not stay near you."
- 10 Great are the tribulations of the wicked; *
but mercy embraces those who trust in the Lord.
- Repeat last stanza of psalm tune.*
- 11 Be glad, you righteous, and rejoice in the Lord; *
shout for joy, all who are true of heart.

Second Reading

2 Corinthians 5:16-21

From now on, we regard no one from a human point of view; even though we once knew Christ from a human point of view, we know him no longer in that way. If anyone is in Christ, there is a new creation: everything old has passed away; see, everything has become new! All this is from God, who reconciled us to himself through Christ, and has given us the ministry of reconciliation; that is, in Christ God was reconciling the world to himself, not counting their trespasses against them, and entrusting the message of reconciliation to us. So we are ambassadors for Christ, since God is making his appeal through us; we entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

Reader Hear what the Spirit is saying to the churches.

People **Thanks be to God.**

The Hymnal 1982, #470 There's a wideness in God's mercy *Beecher*

1 There's a wide-ness in God's mer-cy like the wide-ness of the sea;
2 There is no place where earth's sor-rows are more felt than up in heaven;
3 For the love of God is broad-er than the mea-sure of the mind;

there's a kind-ness in his jus-tice, which is more than lib-er-ty.
there is no place where earth's fail-ings have such kind-ly judg-ment given.
and the heart of the E-ter-nal is most won-der-ful-ly kind.

There is wel-come for the sin-ner, and more gra-ces for the good;
 There is plen-ti-ful re-demp-tion in the blood that has been shed;
 If our love were but more faith-ful, we should take him at his word;

there is mer-cy with the Sa-vior; there is heal-ing in his blood.
 there is joy for all the mem-bers in the sor-rows of the Head.
 and our life would be thanks-giv-ing for the good-ness of the Lord.

Words: Frederick William Faber (1814-1863), alt. Music: *Beecher*, John Zundel (1815-1882), alt.

The Gospel

Luke 15:1-3, 11b-32

The Holy Gospel of our Lord Jesus Christ according to Luke.

People **Glory to you, Lord Christ**

All the tax collectors and sinners were coming near to listen to Jesus. And the Pharisees and the scribes were grumbling and saying, "This fellow welcomes sinners and eats with them."

So Jesus told them this parable:

"There was a man who had two sons. The younger of them said to his father, 'Father, give me the share of the property that will belong to me.' So he divided his property between them. A few days later the younger son gathered all he had and traveled to a distant country, and there he squandered his property in dissolute living. When he had spent everything, a severe famine took place throughout that country, and he began to be in need. So he went and hired himself out to one of the citizens of that country, who

sent him to his fields to feed the pigs. He would gladly have filled himself with the pods that the pigs were eating; and no one gave him anything. But when he came to himself he said, 'How many of my father's hired hands have bread enough and to spare, but here I am dying of hunger! I will get up and go to my father, and I will say to him, "Father, I have sinned against heaven and before you; I am no longer worthy to be called your son; treat me like one of your hired hands."' So he set off and went to his father. But while he was still far off, his father saw him and was filled with compassion; he ran and put his arms around him and kissed him. Then the son said to him, 'Father, I have sinned against heaven and before you; I am no longer worthy to be called your son.' But the father said to his slaves, 'Quickly, bring out a robe--the best one--and put it on him; put a ring on his finger and sandals on his feet. And get the fatted calf and kill it, and let us eat and celebrate; for this son of mine was dead and is alive again; he was lost and is found!' And they began to celebrate.

"Now his elder son was in the field; and when he came and approached the house, he heard music and dancing. He called one of the slaves and asked what was going on. He replied, 'Your brother has come, and your father has killed the fatted calf, because he has got him back safe and sound.' Then he became angry and refused to go in. His father came out and began to plead with him. But he answered his father, 'Listen! For all these years I have been working like a slave for you, and I have never disobeyed your command; yet you have never given me even a young goat so that I might celebrate with my friends. But when this son of yours came back, who has devoured your property with prostitutes, you killed the fatted calf for him!' Then the father said to him, 'Son, you are always with me, and all that is mine is yours. But we had to celebrate and rejoice, because this brother of yours was dead and has come to life; he was lost and has been found.'"

The Gospel of the Lord.

People Praise to you, Lord Christ.

Sermon

The Rev. Dr. Paul Jacobson

A period of silent reflection is observed.

The Nicene Creed

*We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.*

*We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.*

*For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.*

*We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.*

The Prayers of the People

Leader Sisters and brothers, Christ was crucified in faithfulness to the cause of love and justice that all might be reconciled in peace to God our Creator, and to each other. Let us pray that through the Cross, Christ's example may be realized in our world and in our lives.

Silence

Leader As Jesus was lifted high upon the cross that he might draw the whole world to himself, may we take up our cross and follow him in pursuit of the work of reconciliation in our world. We pray that our Lenten journey of prayer, fasting and good works may give us penitent hearts, open and receptive to the abundant forgiveness and love of God. God, in your mercy,

People **Hear our prayer.**

Leader Let us pray for the poor, the hungry, the neglected, and those who have no choice but to fast every day; that their cries for daily bread may inspire works of mercy among those to whom much has been given. Let us pray for an end to the divisions and inequalities that scar God's creation, particularly the barriers to freedom faced by God's children throughout the world. We pray for the guidance of our elected leaders and all who serve the common good throughout the world. God, in your mercy,

People **Hear our prayer.**

Leader Let us pray for an end to the desecration of God's creation, that the fruits of our world might be shared equally with all. Inspire us with wisdom to share the riches of creation, that all may be empowered to seek freedom from poverty, famine, injustice, and oppression. God, in your mercy,

People **Hear our prayer.**

Leader Let us pray for an end to sickness and disease throughout the world and in our own families, and for any who struggle with physical, mental, or spiritual health. O God, the strength of the weak and the comfort of the suffering, grant your saving health to all who are afflicted by illness including Barbi, Helen, Glenda, Thomas, Nan, Gloria, Dolores, John, Steven, Julien, Joan, Kevin, David, Betsey, Pat, Ray, Denver, Gwen, Charlene, Bruce, and especially for those we now name _____. Bless the labors of all who

minister with love and compassion to the sick so that illness may be turned to health, and sorrow to joy. God, in your mercy,

People Hear our prayer.

Leader Let us pray for the departed, especially our sisters and brothers who have died as a result of poverty, hunger, disease, violence, or hardness of human hearts. We commend to your mercy all who have died especially those we now name, _____. We pray that all may share in the joy of your heavenly kingdom. God, in your mercy,

People Hear our prayer.

Presider Eternal God, in your realm no sword is drawn but the sword of righteousness, no strength known but the strength of love. So generously spread abroad your Spirit, that all peoples may be gathered together and reconciled under the banner of your love and justice, through Jesus Christ, our Savior.

People Amen.

The Peace

The peace of Christ be always with you.

People And also with you.

THE HOLY COMMUNION

Organ Offertory

Introspection

Gilbert M. Martin

The Hymnal 1982, #145

Now quit your care

Quittez, Pasteurs

1 Now quit your care and anx - ious fear and wor - ry; for
2 To bow the head in sack - cloth and in ash - es, or
3 For is not this the fast that I have cho - sen? (The
4 For right - eous - ness and peace will show their fac - es to
5 Then shall your light break forth as doth the morn - ing; your

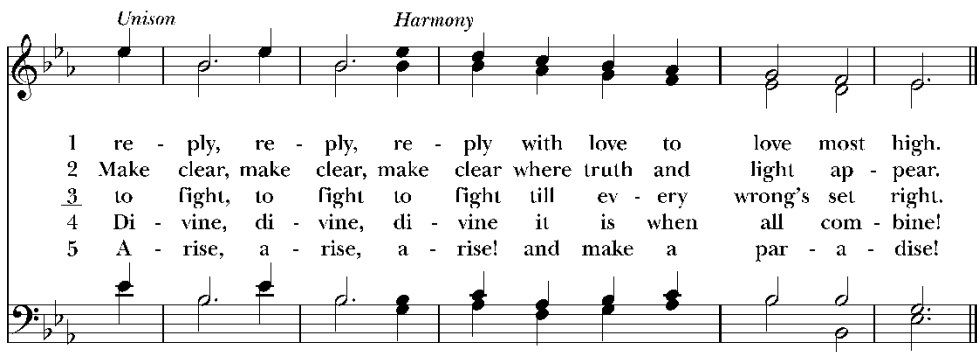
1 schemes are vain and fret - ting brings no gain. Lent calls to
 2 rend the soul, such grief is not Lent's goal; but to be
 3 pro - phet spoke) To shat - ter ev - ery yoke, of wick - ed -
 4 those who feed the hun - gry in their need, and wrongs re -
 5 health shall spring, the friends you make shall bring God's glo - ry

1 prayer, to trust and ded - i - ca - tion; God brings new beau - ty
 2 led to where God's glo - ry flash - es, his beau - ty to come
 3 ness the griev - ous bands to loos - en, op - pres - sion put to
 4 dress, who build the old waste plac - es, and in the dark - ness
 5 bright, your way through life a - dorn - ing; and love shall be the

Unison *Harmony*

1 nigh; re - ply, re - ply, re - ply with love to love most high;
 2 near. Make clear, make clear, make clear where truth and light ap - pear;
 3 flight, to fight, to fight to fight till ev - ery wrong's set right.
 4 shine. Di - vine, di - vine, di - vine it is when all com - bine!
 5 prize. A - rise, a - rise, a - rise! and make a par - a - disc!

Unison *Harmony*




1 re - ply, re - ply, re - ply with love to love most high.
 2 Make clear, make clear, make clear where truth and light ap - pear.
 3 to fight, to fight to fight till ev - every wrong's set right.
 4 Di - vine, di - vine, di - vine it is when all com - bine!
 5 A - rise, a - rise, a - rise! and make a par - a - dise!

Words: Percy Dearmer (1867-1936), alt. Music: *Quittez, Pasteurs*, French carol; harm. Martin Fallas Shaw (1875-1958).

The Great Thanksgiving

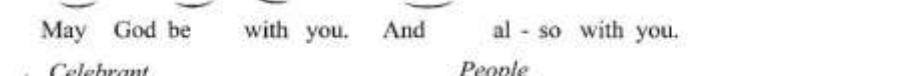
Prayer F (Church of England Common Worship)

Celebrant *People*



May God be with you. And also with you.

Celebrant *People*



Lift up your hearts. We lift them to the Lord.

Celebrant



Let us give thanks to the Lord our God.

People



It is right to give God thanks and praise.

The Celebrant continues

It is indeed right and good to give you thanks and praise, almighty God and everlasting Father, through Jesus Christ your Son.

For in these forty days you lead us into the desert of repentance that through a pilgrimage of prayer and discipline we may grow in grace and learn to be your people once again.

Through fasting, prayer and acts of service you bring us back to your generous heart. Through study of your holy word you open our eyes to your presence in the world and free our hands to welcome others into the radiant splendor of your love.

As we prepare to celebrate the Easter feast with joyful hearts and minds, we bless you for your mercy and join with saints and angels for ever praising you and singing:

Sanctus (Hymnal S129)

Robert Powell

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and
might, hea - ven and earth are full of your glo - ry. Ho -
san - na in the high - est. Bless - ed is he who
comes in the name of the Lord. Ho - san - na in the high - est._____

Music: Robert Powell (b. 1932). Setting: Copyright © Church Publishing Inc.

The Celebrant continues, speaking

Lord God, you are the most holy one, enthroned in splendor and light, yet in the coming of your Son Jesus Christ you reveal the power of your love made perfect in our human weakness.

Embracing our humanity, Jesus showed us the way of salvation; loving us to the end, he gave himself to death for us; dying for his own, he set us free from the bonds of sin, that we might rise and reign with him in glory.

On the night he gave up himself for us all he took bread and gave you thanks; he broke it and gave it to his disciples, saying: "Take, eat; this is my body which is given for you; do this in remembrance of me."

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: "Drink this, all of you; this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

Therefore, *we proclaim the death that he suffered on the cross, we celebrate his resurrection, his bursting from the tomb, we rejoice that he reigns at your right hand on high and we long for his coming in glory.*

As we recall the one, perfect sacrifice of our redemption, O God, by your Holy Spirit let these gifts of your creation be to us the body and blood of our Savior Jesus Christ; form us into the likeness of Christ and make us a perfect offering in your sight.

Look with favor on your people and in your mercy hear the cry of our hearts. Bless the earth, heal the sick, let the oppressed go free and fill your Church with power from on high.

Gather your people from the ends of the earth to feast with [*N and*] all your saints at the table in your kingdom, where the new creation is brought to perfection in Jesus Christ our Lord; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honor and glory be yours, almighty God, for ever and ever. *Amen.*

And now, as our Savior Christ has taught us, we are bold to say,

The Lord's Prayer (Hymnal S119)

Our Fa - ther, who art in hea - ven, hal - low - ed
be thy Name, thy king - dom come, thy will be done,
on earth as it is in hea - ven. Give us this day our

dai - ly bread. And for - give us our tres - pas - ses,
 as we for - give those who tres - pass a - gainst us. And lead
 us not in - to temp - ta - tion, but de - liv - er us
 from e - vil. For thine is the king - dom, and the power,
 and the glo - ry, for ev - er and ev - er. A - men.

Music: Plainsong; adapt. Charles Winfred Douglas (1867-1944). Setting: Copyright © Church Publishing Inc.

Christ our Pass - o - ver is sac - ri - ficed for us;

There - fore let us keep the feast.

Fraction (Hymnal S161)

Lamb of God, you take a - way the sins of the world:
 have mer - cy on us. Lamb of God, you take a - way the
 sins of the world: have mer - cy on us. Lamb of God,



you take a - way the sins of the world: grant us peace.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Invitation to Holy Communion

The sacrament of Holy Communion is central to the Christian community. As Christ gave freely of himself, so the sacred meal in his name is also freely given. Rejoicing in the spirit of Christ's inclusive love, all are warmly invited to receive the bread and wine at the Supper of the Lord.

Following the direction of the ushers, come forward to the communion rail, where you may kneel or stand. If you wish to receive a blessing rather than communion, please indicate that desire by crossing your arms over your chest.

To receive the bread, your right palm on top of your left palm. *Gluten-free wafers are available.* Please assist us by crossing your right arm over your chest so we may serve you correctly. To receive the wine, please help guide the chalice to your lips. If you do not receive wine, you may touch the chalice when it is offered, or simply cross both arms after receiving the bread.

Due to our Diocesan health policy, we ask you not to dip your communion bread into the chalice (*i.e.*, intinction). If you are not comfortable drinking directly from the chalice, you are welcome to receive just the bread; or you may touch the chalice when it comes to you.

If you are unable to come to the altar rail, notify an usher, and we will bring communion to you.

Lift Every Voice, #146

Break Thou the Bread of Life

1. Break thou the bread of life, Dear Lord, to me,
 2. Bless thou the truth, dear Lord, To me, to me,
 3. Teach me to live, dear Lord, On - ly for thee,

1. As thou didst break the loaves Be - side the sea;
 2. As thou didst bless the bread By Gal - i - lee;
 3. As thy dis - ci - ples lived in Gal - i - lee;

1. Be - yond the sa - cred page I seek thee, Lord;
 2. Then shall all bond - age cease, All fet - ters fall,
 3. Then, all my strug - gles o'er, Then, vic - t'ry won,

1. My spir - it pants for thee, O liv - ing word!
 2. And I shall find my peace, My all in all,
 3. I shall be - hold thee, Lord, The liv - ing one.

Words: Mary A. Lathbury (1841-1913). Music: William F. Sherwin (1826-1888).

Postcommunion Prayer

God of all, *we give you thanks and praise,
that when we were still far off,
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights, give light to the world.
Keep us firm in the hope you have set before us,
so that we and all your children shall be free,
and the whole earth live to praise your name,
through your Son, our Savior, Jesus Christ. Amen.*

Adapted from the Iona Community

Prayer over the People

Deacon Bow down your hearts before the Lord our God.

The Presider offers the prayer over the people.

Look down in mercy, Lord, on your people who kneel before you; and grant that those whom you have nourished by your Word and Sacraments may bring forth fruit worthy of repentance; through Christ our Lord. **Amen.**

The Hymnal 1982, #411 O bless the Lord, my soul! *St. Thomas (Williams)*

The musical score is presented on two staves, a treble clef staff on top and a bass clef staff on the bottom. The key signature is one sharp (F#), and the time signature is common time (C). The melody is primarily in the treble clef, with some chords in the bass clef. The lyrics are written below the treble clef staff.

1 O bless the Lord, my soul! His grace to thee pro - claim!
2 O bless the Lord, my soul! His mer - cies bear in mind!
3 He will not al - ways chide; he will with pa - tience wait;
4 He par - dons all thy sins, pro - longs thy fee - ble breath;
5 He clothes thee with his love, up - holds thee with his truth;

1 And all that is with - in me join to bless his ho - ly Name!
 2 For - get not all his ben - e - fits! The Lord to thee is kind.
 3 his wrath is ev - er slow to rise and rea - dy to a - bate.
 4 he heal - eth thine in - fir - mi - ties and ran - soms thee from death.
 5 and like the ea - gle he re - news the vi - gor of thy youth.

6 Then bless his holy Name,
 whose grace hath made thee whole,
 whose loving-kindness crowns thy days:
 O bless the Lord, my soul!

Words: James Montgomery (1771-1854); para. of Psalm 103. Music: *St. Thomas (Williams)*, melody Aaron Williams (1731-1776); harm. Lowell Mason (1792-1872).

Dismissal

People: Thanks be to God.

Postlude

Fugato in a minor

Johann Georg Herzog

RiteSong subscription # CPIRS29694 Music under OneLicense # A-713038



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Sunday Service Schedule

8:00 AM Rite I – Spoken Eucharist
10:30 AM Rite II with music

Weekday Service Schedule

7:00 AM on Thursdays

Parish Office Hours

Sunday 7 AM-1 PM, Wednesday & Thursday 8 AM-4 PM,
Friday 8 AM-Noon

Trinity Food Ministry Schedule		
<i>Food Pantry & takeout hot meal</i>	<i>Cafe - drop in for a meal & conversation</i>	<i>Sunday Hot Lunch</i>
Tues: 1:30pm - 3pm Thurs: 4pm - 5pm	Wed: Noon - 2pm	Sunday: 2pm - 2:30pm

Served in February

247 Households
619 Individuals
395 Weekly Hot Lunches
320 Sunday Hot Lunches



From Father Paul

Dear Ones,

This is a week of two festivals. One of the glories of the cycle of feasts in the liturgical calendar is that, even in Lent, we're not left in the wilderness of fasting and abstinence the whole time. You recall that last week we celebrated St. Joseph. Yesterday, we commemorated the Annunciation to Mary by the angel Gabriel. In many places, the 25th is still called Lady Day.

March 25 is exactly nine months before Christmas, which makes sense to us. There was an early Christian belief that Jesus was conceived on the day that the passover lamb was chosen. This, perhaps, makes less sense to us, but builds on an earlier Jewish tradition that prophets died on the same day as their conception.

Did you know that in most of Europe, Annunciation Day was celebrated as New Year's Day for over 1000 years? It began in 527 CE, and lasted until 1582, when Pope Gregory XIII reformed the calendar (the one we now use), and moved New Year's Day back to January 1. Ironically, Protestant countries didn't want to follow a Roman Catholic calendar. The British Empire, including the American Colonies, kept New Year's Day on March 25 until 1751!

On Sunday, we will celebrate Lætare Sunday, the last little bit of the lightening of Lent before we turn to the events surrounding the Passion. Lætare Sunday is analogous to Gaudete Sunday in Advent – both offer a bit of a breather in the austerity of preparing for the great feasts of Easter or Christmas. Most notably, the color of the vestments will lighten from purple to pink. *Lætare* is Latin for *Rejoice*, and is taken from the incipit of the Introit, the first words that were sung on that day: *Rejoice with Jerusalem, and be glad for her, all you who love her; rejoice with her in joy, all you who mourn over her* (Isaiah 66:10).

Some photographs of our Renewal of Ministry service are now available on the parish website: <https://www.trinitycwe.org/photos>. Thank you to Jeff Wunrow for the pictures!

You will remember that Deacon Barbi wrote a couple of weeks ago about the unexpected death of Bill Gilbert, a devoted volunteer at TFM, and a parishioner at St. Peter's, Ladue. Bill was also a fellow camp staff alum, who I got reacquainted with just a few weeks before he died. His funeral will be at St. Peter's on Friday at 2pm. I will be attending and invite those who knew him and held him dear to join me.

Lastly, on Tuesday, Wednesday and Thursday of next week, I will be with my clergy colleagues on retreat with Bishop Deon. Please pray for us as we gather for a quiet time away before the demands of Holy Week.

Lenten blessings (and Happy New Year)!



Thanks to Jeff Wunrow, for taking pictures of Fr. Paul's Renewal of Ministry service. They are available on our website here (<https://www.trinitycwe.org/photos>).



LENT & HOLY WEEK WORSHIP SCHEDULE

April 13:

Palm Sunday: 8 and 10:30 a.m.

Thursday, April 17:

Maundy Thursday service at 7pm

Friday, April 18:

Good Friday services at noon & 7pm

Stations of the Cross at 11am & 6pm

Saturday, April 19:

Sacristan Work Day/Holy Saturday Liturgy at 10:30am

Easter Vigil - 8pm

Sunday, April 20:

Easter Day services at 8 and 10:30am



Gun Violence Prevention

THE EPISCOPAL DIOCESE OF MISSOURI

MOMS Demand Action Advocacy Day on April 1, 2025

Carpool Info ([https://docs.google.com/forms/d/e/1FAIpQLSe-](https://docs.google.com/forms/d/e/1FAIpQLSe-YtnwOPSOs4qHPFemkFDfXeEKGhb_kzF5gXR5zkop8bGmjg/viewform)

[YtnwOPSOs4qHPFemkFDfXeEKGhb_kzF5gXR5zkop8bGmjg/viewform](https://docs.google.com/forms/d/e/1FAIpQLSe-YtnwOPSOs4qHPFemkFDfXeEKGhb_kzF5gXR5zkop8bGmjg/viewform))

A message from Florrie Kohn,
Member of St. Timothy's Church,
Creve Coeur, and Parish
Representative to the Diocesan
Mission for Gun Violence Prevention.



You can be part of Moms Demand Action Advocacy Day. On April 1, supporters of sensible gun laws will rally in Jefferson City to meet state legislators and advocate for legislation that protects children and families from gun violence.

You don't have to be a whiz at public speaking to go. You don't have to know all the key points or memorize a bunch of facts. They will be provided for you in training. You simply have to show up—and wear your red Moms Demand Action shirt. If you don't have one, wear red, if possible. Your presence makes a statement all by itself.

If you've never been to Advocacy Day, and you're thinking about going and even better, want to bring three friends with you—here's a guide to practical things to know.

Two years ago, the Episcopal Diocese of Missouri enthusiastically showed up in Jeff City for Moms Demand Action Advocacy Day. This year, we're hoping for a significant turn out of Episcopal clergy and lay people. You won't be the only one. In fact, Rev. Meghan Ryan of St. Timothy's Episcopal Church in Creve Coeur will be delivering the invocation.

You can drive yourself to Jefferson City for Advocacy Day, and volunteers with the Diocesan Mission on Gun Violence Prevention will be helping to arrange carpools where needed—the link to a Google Form requesting carpool assistance is elsewhere on this webpage.

Excited about participating? Please register in advance at <https://bit.ly/4b6z3Uk> so Moms Demand Action know how many small group leaders are needed.

Here's what to expect: Participants gather first at The Millbottom, 400 West Main Street—about three blocks from the capitol building. Be there no later than 9:30 a.m. Parking is readily available.

At The Millbottom, everyone self-sorts into groups of about 8 people, each with a leader. There's a rally call and training on what's important to know about bills the legislature is considering. You have a chance to observe a "role play" of an interaction with a lawmaker. Rarely is a lawmaker adversarial. Even if they disagree with you, they respect you as a citizen of Missouri and they are deferential to clergy. Most of them identify as Christian.

In your small group, there's a leader, scribe, photographer, navigator and a "final ask" person who has the responsibility of concluding the legislative visit with "Will you support/oppose what the group is asking for." If you are a survivor of gun violence, you make up your own mind about if you do/don't want to share your story as visits are made. Shared stories are extremely powerful, they also may be very private and painful. It is entirely your choice about what you want to do.

After groups are sorted at Millbottom and training is complete, we walk to the Capitol for a group photo. It is a sea of red Moms Demand Action shirts. You can order one from The Everytown Store, <https://store.everytown.org> (<https://store.everytown.org/>) or wear a different red t-shirt. Pair it with pants or a skirt and wear comfortable walking shoes.

We start our lawmaker visits. The walk to the Capitol is a couple of blocks, uphill. If you aren't a good walker, you can get shuttled to the Capitol. Once you get there, expect to go up and down stairs or to search out the elevators. They exist, but being an old building, they're not overly plentiful so you'll need patience. But there again, the whole day is kind of about being patient—and optimistic. Lawmakers may disagree with your message. But your presence reminds them that people who feel differently live and vote in Missouri.

After each visit to your assigned legislator, your group may want to review what went well, and what didn't. Moms Demand Action has a tight message that it sticks to. You are not going to press for "gun control" as that phrase

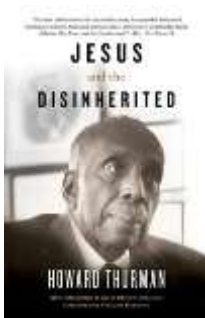
shuts down the conversation and builds walls. Your group will deliver the message of “gun safety and sensible gun laws.”

What about lunch? There’s a cafeteria! Your group will have time to break for lunch, and you can bring your own food, if you like. Snacks and a water bottle are good. And keep in mind, there are security checkpoints at the Capitol.

All of the activity wraps up by about 2:30. You can leave early, if needed. And lastly, got kids? If your children are reasonably content go to meetings, bring them! It’s our government in progress.

For more about Advocacy Day, and why you should go and bring your friends, even if you’ve never done it before and don’t know if “it sounds like you,” try to attend the March statewide virtual meeting of Moms Demand Action—date to be determined. Contact Valerie Haldiman at Vlhaldiman@gmail.com (mailto:Vlhaldiman@gmail.com) for info. Or check out info on the statewide meeting at momsdemandaction.org and, join the Moms Demand Action Facebook page: <https://www.facebook.com/groups/676809749101540>

It is incumbent upon us as Episcopalians and as Christians to bring Jesus’s message of peace to our elected officials. This is an ideal way to do that. I hope you can join us.



Lenten Book Study

During the 5 Sundays in Lent, Fr. Paul will lead a Lenten Book study on Jesus and the Disinherited, by Howard Thurman. Considered by many to be the theologian of the Civil Rights Movement and mentor to several of the movement's prominent leaders, his passion for justice and radical non violence helped shape the movement. Written in 1949, the book demonstrates how the gospel may be read as a manual of resistance for the poor and disenfranchised. For our discussion, we will meet in the North Parish Hall at noon each Sunday. Please consider purchasing the book from our

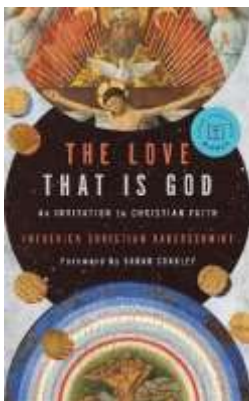
neighborhood friends at Left Bank Books (<https://www.left-bank.com/>) or borrowing from your local library.

Lenten Meditations from Episcopal Relief and Development

There are many sources for daily Lenten meditations. This year, ERD author Jerusalem Jackson Greer invite to journey through the season together in "A Commonplace Lent." For more information and to subscribe, follow this link:



<https://www.episcopalrelief.org/church-in-action/lent/#subscribe>



One Diocese, One Book

If you're looking for another book study in Lent, the Episcopal Diocese of Missouri will be using "The Love that is God: An invitation to Christian Faith" by Fredrick Christian Bauerschmidt. Tuesdays during the Lenten Season, the Diocesan household is invited to gather on Zoom to discuss the five chapters of the One Diocese, One Book. Members of the Diocesan staff will serve as facilitators of each conversation beginning Tuesday, March 10, 2025.

For more information, follow this link:

<https://diocesemo.org/connect/news/2025-lenten-book-study>

Camp Firebird

If you have children or grandchildren that would like to go to an Episcopal Camp, you're in luck! Camp Firebird, the official camp of the Episcopal Diocese of Missouri will take place July 27–August 1 @ Camp MoVal in Union, MO. Camp Firebird embraces its deep and inclusive Episcopal roots, welcoming campers and staff to learn more about God, community, and themselves throughout the week, in a carefully designed time away from their normal routines. For more information, see the flyers in church, or follow this link <https://diocesemo.org/camp-firebird>





TRINITY
FOOD MINISTRY
SAINT LOUIS

This is a recovery week for me and as such, I was able to be at Pantry on Tuesday and plan to be at Wednesday Café and Thursday Pantry also. Don't ever take good health for granted. One thing that I have always believed yet did not fully practice is that today is the only day, the only moment that we now we have. That is it. This is the day that God has made. Let us rejoice and live fully into this day.

Pantry was great on Tuesday with lots of energy, prayer, and laughter. I don't know the final number of families that we served but it was close to 50 if not a few more than that. Considering that the average is 2.5 per household, that is 125 individuals in 1.5 hours.

We have a couple of specific needs volunteer wise. The first one is a person who can be trained by Al Adams who makes certain the food inventory is in an orderly manner and is able to set up and do the pre-prep work on Tuesday mornings. The time frame is 9:30 to 11:30.

The second one is during the actual pantry hours. There is a certain rhythm of the Pantry and if one is attuned to it, the mostly unnoticed changes can be felt and heard. It takes a sensitive ear and the ability to ease tensions before or as these begin to build. The person must be willing and able to relate and converse with the community members who are waiting to shop. Most often, just being in the midst of the people is enough to calm frayed nerves or anxieties that may be present amongst people whose lives are constantly having to wait for what they need. Sometimes, it takes a little more. Training in de-escalation would be excellent but more importantly, a sense of wanting to build trust and relationships within the Pantry setting is vital.

If anyone is interested in either of these important tasks, please contact me. Barbi@trinitycwe.org (mailto:Barbi@trinitycwe.org) .

Love always; always Love.
/Barbi

Needs this week at Pantry:

We NEED peanut butter, ASAP. Jelly also!

Cereal

Spices, sugar, flour, oil

Dry beans

Spaghetti Pasta and Sauce

Wednesday Café

Each Wednesday there is the Café from noon to two. Good things come out of the kitchen for a simple yet great meal. Cathy Tierney makes a special dessert to satisfy the sweet tooth. It is a time of being together or at least being on the edge of something good. Sit by yourself or join a group. The point is to know that this is a safe have, a place to let go of the world and live in the moment. It is a place for community members, parishioners, neighbors to set aside (or eliminate) the sense of “other”. There is no us and them. There is only US. All of those gathered. Come and see.



Food Ministry Amazon Wishlist

Scan or click on the QR code to go to the Food Ministry's Amazon Wishlist.

This Week's Core Value: A Place to Belong and Create

Trinity is a community of refuge, creativity and belonging, inspired by the Spirit, where all sorts and conditions of people can know and be known.





Bishop's message about Christian Nationalism

In a powerful pastoral letter, Bishop Deon Johnson of the Episcopal Diocese of Missouri has issued a strong denunciation of Christian nationalism, calling it a

distortion of the Gospel that fosters division, exclusion, and systemic oppression.

<https://diocesemo.org/connect/news/the-crisis-of-christian-nationalism>

March 30: Fourth Sunday in Lent

In our Diocese of Missouri, we pray for the people and ministry of Christ Episcopal Church (1877) in Rolla and Shug, their Rector.

* In our companion Diocese

of Puerto Rico, we pray for St. Peter & St. Paul Diocesan Seminary (Seminario Diocesano San Pedro y San Pablo).

* In the Anglican Communion, we pray for Province de L'Eglise Anglicane Du Congo.



We keep in our prayers those who are ill or in need:

Barbi Click
Sam Kincade
Helen Hendry
Glenda Wiman
Thomas Kirk
Nan Sweet
Gloria Winston
Dolores Friesen
John Biggs
Steven Forsyth
Julien Worland

Joan Dunbar
The Rev. David K. Fly
Betsey Gardner
Pat Way
Ray Becvar
Denver Wright
Gwen Sims
Charlene Wright
Bruce Baldwin

Friends and Relatives:

Dennis Jones, friend of Sharron Underwood.
Lou Adams, Al Adams' brother, degenerative disk disease
Nolan, 2-year-old grandson of a friend of Jeff Wunrow fighting cancer
Amanda, Deacon Barbi's daughter
Bruce Deal and Harry Forbes, New York friends of Michael Shepley
Tiffany Cruz, friend of Lisa Carpenter, breast cancer
Joe Richardson (Of Feed My People), friend of Jerry Martin, multiple health issues.
Karla, friend of Cathy Tierney, heart issues
Ken, Molly Perling's grandfather
Jay Shuldiner, friend of Brian Alms, recovering from two falls.
Warren Frank Moseley (Cynthia and Patrick Fox's son), and his friend, Janese Julien for comfort and healing
Hope, health challenges.
Romerico Lansang, friend of Brian Alms, lung cancer.
Phyllis, the Rev. Steve Lawler's mother-in-law
Teresa, Eliza Williamson's stepmother, chronic illness
Mike, Jeannette Lehrmann's brother, prostate cancer.
Buelane Daugherty, friend of Brian Alms, increasing dementia
Pat R., friend of Cathy Tierney, bladder cancer
Frank Menkhus, Pat Way's friend with heart problems
Sally Moylan, Pat Way's friend with multiple health problems

For Diocesan Clergy: The Rev. Helen Ludbrook, the Rev. David K. Fly, and the Rt. Rev. Hays Rockwell.

For Trinity Food Ministry and its volunteers.

For service members in harm's way.

Birthdays March 30 - April 5: Riley Luebbers, Carletta Fielder.

TRINITY EPISCOPAL CHURCH

AN OPEN AND INCLUSIVE CONGREGATION

600 N. Euclid St. Louis MO 63108 Phone: 314.361.4655

trinitycwe.org

www.facebook.com/TrinityStL

Rector

The Rev. Dr. Paul Jacobson
frpaul@trinitycwe.org

Deacon

The Venerable Harry Leip
harry@trinitycwe.org

Choirmaster and Organist

Jeffery Nall
jeff@trinitycwe.org

Parish Administrator

Bill Ader
bill@trinitycwe.org

Food Ministry Manager

The Rev. Barbi Click
barbi@trinitycwe.org

Food Ministry Assistant

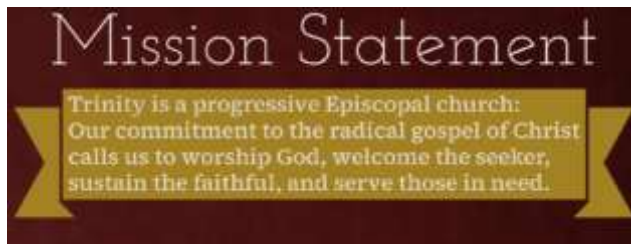
Sam Kincade

Sextons

Shawn Hall
Angelo Shell

Readings for Sunday, April 6 Fifth Sunday in Lent

Isaiah 43:16-21
Philippians 3:4b-14
John 12:1-8
Psalm 126



Senior Warden: Adrienne Fly

2026

Fritzi Baker
Skip Coburn
Dave Hilditch

Vestry

2027

Adrienne Fly
Ben Kiel
Mary Patton
Perry Trolard

Junior Warden: Ben Kiel

2028

Carlos Daughaday
Abby Tully